

EleCore™

STRESS & MOOD

Nutritional Supplement
70 fast-acting natural cranberry flavored lozenges

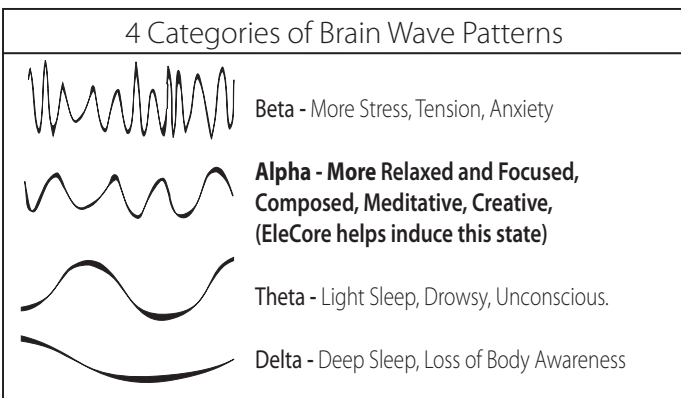


Purpose of Formula

EleCore promotes relaxation and reduced irritability for increased peace of mind and diminished stress lines.

EleCore is unlike most products that work by depressing the central nervous system and making you drowsy. Rather, EleCore works by inducing Alpha Brain Waves.

There are two brain wave patterns that an awake person can experience: Alpha and Beta. In Beta you generally feel more stressed, tense or anxious. In Alpha you generally feel more relaxed, composed, alert, meditative and creative.



Supplement Facts

Serving Size: 1 lozenge
Servings Per Container: 70

	Amount Per Serving	% DV
Calories	0	
Total Carbohydrate	< 1 g	< 1%†
Sugar Alcohols	< 1 g	*
Vitamin C (as ascorbic acid, sodium ascorbate)	60 mg	100%
Folic Acid (as folacin)	100 mcg	25%
Vitamin B12 (as triturate, methylcobalamin)	150 mcg	2500%
L-Theanine (from Suntheanine®)**	100 mg	*
Lemon Balm Extract (leaf)	25 mg	*

† Percent Daily Values based on a 2,000 calorie diet
*Daily Value (DV) not established.

**Suntheanine® is a registered trademark of Taiyo International, Inc.

Key Active Ingredients

- L-Theanine (from Suntheanine®)**** - an amino acid derived from green tea leaves, L-theanine is a safe, natural way to relax while maintaining mental alertness. Research shows that L-theanine directly stimulates production of alpha brain waves, which are common during periods of healthy, pleasant relaxation.
- Lemon Balm** - revered for its ability to induce calm without adversely affecting mental acuity or memory. Lemon Balm also helps soothe and relax the digestive system.
- Xylitol** - EleCore is sweetened only with pure xylitol, a naturally sweet nutrient found in raspberries and plums. It helps maintain normal, healthy microflora in the mouth and recent studies suggest it may help reduce tooth decay. It is metabolized slowly and independent of insulin with a very low glycemic index of only 7 out of 100.

Ingredient Co-Factors

- Vitamin C** - supports adrenal function and the production of stress response hormones.
- Vitamin B-12** - is required for normal nerve cell activity.
- Folic Acid** - is essential for proper function and maintenance of the nervous system.

Key Benefits

- Promotes healthy, pleasant, and alert relaxation.
- Helps reduce nervous irritability and worry wrinkles.
- Helps restore mental alertness and wakefulness when fatigued or drowsy.
- Helps diminish normal symptoms associated with premenstrual syndrome.

Answers to FAQ

- EleCore is not addictive.
- EleCore will not make you drowsy.
- EleCore can be taken daily on a long term basis.
- EleCore will not help you fall asleep, but it may help improve the quality of your sleep.

Suggested Use

1 - 6 lozenges per day as needed. You will begin to feel the effects within 30-40 minutes

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These statements have not been evaluated by the food and drug administration. These products are not intended to diagnose, cure, treat, or prevent disease.